



SPORTS SURGERY CLINIC
*Specialists in Joint Replacement, Spinal Surgery,
Orthopaedics and Sport Injuries*

An evening for Golfers

You are cordially invited to attend an evening of information and discussion at Sports Surgery Clinic.



Date: Monday 25th January 2016

Venue: Sports Surgery Clinic, Northwood Avenue, Santry Demesne, Dublin 9

Time: 7pm (refreshments from 6.30pm)

‘Five minutes training that will improve your game’

Neil Welch, Lead Strength & Conditioning Coach at SSC

‘How to prevent low back pain in golf’

James Carolan, Senior Musculoskeletal Physiotherapist at SSC

This will be an interactive discussion - wear comfortable clothing.

To attend please register online at www.sportssurgeryclinic.com

or for further information email: Fiachraoconnor@sportssurgeryclinic.com

**THIS
EVENT IS
FREE OF
CHARGE**

www.sportssurgeryclinic.com