



**Trinity College Dublin**  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin



**SPORTS SURGERY CLINIC**  
Specialists in Joint Replacement, Spinal Surgery,  
Orthopaedics and Sport Injuries



## The Anterior Cruciate Ligament



**Date: 21 October 2016, Time: 8:00 am**

**Venue: Trinity Biomedical Sciences Institute,  
152-160 Pearse Street, Dublin 2**

**Price: €100**

Following on from the huge success of our first meeting in 2015, this year's event will explore all aspects of modern management and rehabilitation of ACL injuries. We invite all interested sports medicine clinicians, physiotherapists, athletic trainers and translational researchers to attend. Lunch and an opportunity to meet with all speakers provided as part of programme.

### Presenting at this event:

**Nick Winkelman**, Head of Athletic Performance and Science, IRFU

*"Motor learning strategies to improve multidirectional performance after injury."*

**Grethe Myklebust**, Oslo Sports Trauma Research Centre, Norway

*"ACL mechanism of injury and prevention strategies."*

**Luke Anthony**, Injury Prevention Specialist, Norwich City Football Club, UK

*"Sports Specific Return to Performance."*

**Greg Myer**, Director of Research & The Human Performance Laboratory, Cincinnati Children's Hospital, USA

*"Don't be a pig: Re-thinking rehabilitation for anti-fragile athlete."*

**Enda King**, Head of Performance Rehabilitation, SSC

*"RTP Decision making - what does a fully rehabilitated athlete look like?"*

**Neil Welch**, Lead Strength & Conditioning Coach, SSC

*"Strength and power redevelopment after ACL injury."*

**Chris Richter**, Head of R&D, Sports Medicine & Performance Department, SSC

*"Using 3D Biomechanics in RTP decision making after ACL."*

**Mark Jackson**, Consultant Orthopaedic Surgeon, SSC

*"ACL Surgery - An Overview."*

**Cathal Moran**, Professor of Orthopaedics & Sports Medicine, TCD & SSC

*"The impact of meniscal and chondral damage in ACL injury."*

For further information, please email  
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