



SPORTS SURGERY CLINIC

*Specialists in Joint Replacement, Spinal Surgery,  
Orthopaedics and Sport Injuries*



## Invitation

# An evening on developing Strength and Power for Golf at Sports Surgery Clinic

Tuesday  
30th September  
Start at 19.00,  
Refreshments  
from 18.30

Topics covered will include:

- Rotational Power
- Mobility
- Injury Prevention

This will be an interactive / practical session – please wear comfortable clothing.

This event is free of charge. Please register online at [www.sportsurgeryclinic.com](http://www.sportsurgeryclinic.com).  
For more information contact: [fiachraoconnor@sportsurgeryclinic.com](mailto:fiachraoconnor@sportsurgeryclinic.com)

[www.sportsurgeryclinic.com](http://www.sportsurgeryclinic.com)